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## DENTAL FIRST AID INSTRUCTIONS

### **IF A CHILD LOSES A FILLING**

If the child is not in pain, make sure the area around the filling is clean, and instruct the child, or parent, to see his/her dentist as soon as possible.

### **IF A CAP OR CROWN FALLS OFF**

Do not place the cap or crown back in the mouth of the child. Save the cap or crown for the child to bring with him/her to their dentist as soon as possible.

### **IF A TOOTH IS KNOCKED OUT**

*Baby Teeth* - Do not try to put the tooth back into the socket. If the socket is bleeding, apply direct gentle pressure to the gums using gauze. Call your dentist to see if they would want to examine the tooth socket, otherwise, they may recommend placing the tooth in a "tooth box" or under their pillow to prepare for a visit by the tooth fairy.

*Permanent Teeth* - Place the tooth in a cup of "Cold" Milk (do not rinse or place the tooth in water). If milk is not available, wrap tooth in a plastic wrap. The child needs to see a dentist as soon as possible. It is possible that the tooth can be saved IF you get to the dentist with the tooth within 30 minutes.

*Luxation Injury* - ("the tooth is moved out of position - in, out, or laterally") - Avoid touching or moving the tooth, and coordinate getting the child to a dentist immediately.

### **IF A PERMANENT TOOTH BECOMES LOOSE**

Avoid this side of your mouth when eating. See your dentist as soon as possible.

### **SWOLLEN JAW OR FACE**

Place a cold compress on the swollen area. Call the dentist immediately as you may have an infection.

### **BROKEN/FRACTURED/CHIPPED TOOTH OR FILLING**

Rinse the mouth with warm salt water. If it bleeds, apply gentle pressure with a damp gauze square. To avoid further irritation from the damaged tooth, Ortho Wax may be applied to area that was chipped. Contact your dentist immediately and try to see them within 2-3 hours.

### **ORTHODONTIC PROBLEMS - BRACES**

If a wire is irritating the cheek, tongue, or gums, cover the end of the wire with Ortho Wax. If a wire becomes stuck in the gum or cheek, DO NOT remove it. Contact or see your Orthodontist immediately.



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